



Menstrual Irregularities

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Menstrual Irregularities include Ovarian Cysts, Cervical Dysplasia, Human Papillomavirus (HPV), Endometriosis, Uterine Tumors, and Painful or Irregular Menses.

In the BodyTalk System™, menstrual irregularities are addressed relatively simply in comfortable, non-invasive sessions. As with any BodyTalk session, the client remains completely dressed. Sessions are confidential and private.

Hormone levels are regulated by establishing healthy communication among the ovaries, pituitary, and adrenals. All of these endocrine glands are responsible for healthy female reproductive function.

The uterus represents femininity, nurturing, and rejection or acceptance. Applying these consciousness aspects of the uterus during a session brings about a shift in perspective that immediately changes the organ's physiology.

BodyTalk draws on Traditional Chinese Medicine, in which the liver is responsible for movement of blood and therefore plays a significant role in the regulation of the female cycle. If unchecked, anger, the natural emotion of the Liver meridian, invites viruses and causes pain and stagnation.

▶ **The BodyTalk System™** is particularly successful with recurrent dysplasia, because it addresses cellular memory, which can hold on to resentment, lack of forgiveness, and guilt from past or current intimate relationships. **Viruses and bacteria can thrive only in an environment of stress and anger.**

